

TROUBLED

LET YOUR HEART NOT BE

When claiming “**Biblical Promises**”, those claiming the promise often lose the plot- much like reading the headline of a news article, while completely skipping the story. It is in the context of the promise where you find the “**Blessing.**” Without the context of the promise those who claim it, claim it in vain. This is why often the promise is never activated in their lives. You will find that God will bring the offering of the blessing much like this: “If you will do this, I will do that!” It is a contract or agreement between two parties. Unfortunately, modern Christianity wants **God** to be on the hook, while never holding up their end of the contract. So, with this in mind, let us find some wonderful promises and blessings we can claim, and how to effectively claim them. **Note:** After 9-11, in congress they recited Isaiah 9:10, saying it was a verse of hope for our country. It reads: “**The bricks have fallen, but we will build with cut stone. The sycamore fig trees have been cut down, but we will put cedars in their place.**” In reality, this is a quote of rebellion against God and spoke judgment over the nation. Isaiah 9:11 reads, “**Therefore Yahweh will set up on high against him the adversaries of Rezin, and will stir up his enemies.**”

*Be sure to claim promises properly and in context! *Lance McClintock*

~FIRST, LET US COVER SOME ENCOURAGING PROMISES~

“I will lift up my eyes to the hills. Where does my help come from? My help comes from Yahweh, who made heaven and earth. He will not allow your foot to be moved. He who keeps you will not slumber. Behold, he who keeps Israel will neither slumber nor sleep. Yahweh is your keeper. Yahweh is your shade on your right hand. The sun will not harm you by day, nor the moon by night. Yahweh will keep you from all evil. He will keep your soul. Yahweh will keep your going out and your coming in, from this time forward, and forever more.” (Psalms 121:1-8)

“Cast your burden on Yahweh, and he will sustain you. He will never allow the righteous to be moved. But you, God, will bring them down into the pit of destruction. Bloodthirsty and deceitful men shall not live out half their days, but I will trust in you.” (Psalms 55:22-23)

“The way of Yahweh is a stronghold to the upright, but it is a destruction to the workers of iniquity. The righteous will never be removed, but the wicked will not dwell in the land.” (Proverbs 10:29-30)

“They celebrate deliverance in the tents of the godly. The LORD’s right hand conquers, the LORD’s right hand gives victory, the LORD’s right hand conquers. I will not die, but live, and I will proclaim what the LORD has done. The LORD severely punished me, but he did not hand me over to death. Open for me the gates of the just king’s temple! I will enter through them and give thanks to the LORD. This is the LORD’s gate – the godly enter through it.” (Psalms 118:15-20)

-(1) Often Claimed-

PSALMS 23 "Yahweh is my shepherd: I shall lack nothing."

In Context- **Let's quickly go over what this really means:**

"Yahweh is my shepherd: I shall lack nothing. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He guides me in the paths of righteousness for his name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me. Your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil. My cup runs over. Surely goodness and loving kindness shall follow me all the days of my life, and I will dwell in Yahweh's house forever." (Psalms 23:1-6)

Suffering

(2) Often Claimed-

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort; who comforts us in all our affliction"

In Context-

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort; who comforts us in all our affliction, **that we may be able to comfort those who are in any affliction**, through the comfort with which we ourselves are comforted by God. **For as the sufferings of Christ abound to us**, even so our comfort also abounds through Christ." (2 Corinthians 1:3-5)

(3) Often Claimed-

"Cast all your cares on him because he cares for you."

In Context-

"Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time; casting all your worries on him, because he cares for you. **Be sober and self-controlled. Be watchful.** Your adversary, the devil, walks around like a roaring lion, seeking whom he may devour. **Withstand him steadfast in your faith**, knowing that your brothers who are in the world are undergoing the same sufferings. But may the God of all grace, who called you to his eternal glory by Christ Jesus, **after you have suffered a little while, perfect, establish, strengthen**, and settle you. To him be the glory and the power forever and ever. Amen." (1 Peter 5:6-11)

Comfort

(4) Often Claimed-

"But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and will cause you to remember everything I said to you. "Peace I leave with you; my peace I give to you; I do not give it to you as the world does. Do not let your hearts be distressed or lacking in courage." (John 14:26-27)

In Context-

It's the Holy Spirit of God that brings us peace, this spirit is given to those who obey
"We are His witnesses of these things; and so also is the **Holy Spirit, whom God has given to those who obey him.**" (Acts 5:32)

Prayer

(5) *Often Claimed-*

"Let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus."

In Context-

"**In nothing be anxious, but in everything, by prayer and petition with thanksgiving,** let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus." (Philippians 4:6-7)

Peace

(6) *Often Claimed-*

"And let the peace of God rule in your hearts"

In Context-

"And let the peace of God rule in your hearts, to which you also are called in one body, and be thankful. **Let the Word of Christ dwell in you** richly in all wisdom, **teaching and admonishing one another** in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. And everything, whatever you do in word or deed, **do all in the name of the Lord Jesus, giving thanks** to God and the Father by Him." (Colossians 3:15-17)

(7) *Often Claimed-*

"You will keep whoever's mind is steadfast in perfect peace,"

In Context-

"You will keep whoever's mind is steadfast in perfect peace, **because he trusts in you.** Trust in Yahweh forever; for in Yah, Yahweh, is an everlasting Rock." (Isaiah 26:3-4)

Sleep

(8) *Often Claimed-*

"In peace I will both lay myself down and sleep, for you, Yahweh alone, make me live in safety."

In Context-

"But know that Yahweh has set apart for himself **him who is godly:** Yahweh will hear when I call to him. Stand in awe, **and don't sin.** **Search your own heart on your bed,** and be still. Selah. **Offer the sacrifices of righteousness.** **Put your trust** in Yahweh. Many say, "Who will show us any good?" Yahweh, let the light of your face shine on us. You have

put gladness in my heart, more than when their grain and their new wine are increased. In peace I will both lay myself down and sleep, for you, Yahweh alone, make me live in safety.” (Psalms 4:3-8)

(9) *Often Claimed-*

“When you lie down you will not be filled with fear; when you lie down your sleep will be pleasant. Do not be afraid of sudden disaster, or when destruction overtakes the wicked; for the LORD will be the source of your confidence, and he will guard your foot from being caught in a trap.”

In Context-

“My child, **do not let them escape from your sight; safeguard sound wisdom and discretion.** So they will become life for your soul, and grace around your neck. Then you will walk on your way with security, and you will not stumble. When you lie down you will not be filled with fear; when you lie down your sleep will be pleasant. Do not be afraid of sudden disaster, or when destruction overtakes the wicked; for the LORD will be the source of your confidence, and he will guard your foot from being caught in a trap.” (Proverbs 3:21-26)

Your Needs

(10) *Often Claimed-*

“And my God will supply your every need according to his glorious riches in Christ Jesus. May glory be given to God our Father forever and ever. Amen.”

In Context-

All Your needs

“For even in Thessalonica **on more than one occasion you sent something for my need.** I do not say this because I am seeking a gift. Rather, I seek the credit that abounds to your account. **For I have received everything, and I have plenty.** I have all I need because I received from Epaphroditus what you sent – a fragrant offering, an acceptable sacrifice, very pleasing to God. And my God will supply your every need according to his glorious riches in Christ Jesus. May glory be given to God our Father forever and ever. Amen.” (Philippians 4:16-20)

(11) *Often Claimed-*

“Do not worry about your life, what you will eat or drink, or about your body, what you will wear. Isn't there more to life than food and more to the body than clothing? Look at the birds in the sky: They do not sow, or reap, or gather into barns, yet your heavenly Father feeds them. Aren't you more valuable than they are?”

In Context-

“Therefore I tell you, do not worry about your life, what you will eat or drink, or about your body, what you will wear. Isn't there more to life than food and more to the body than clothing? Look at the birds in the sky: They do not sow, or reap, or gather into barns, yet your heavenly Father feeds them. Aren't you more valuable than they are?”

And which of you by worrying can add even one hour to his life? Why do you worry about clothing? Think about how the flowers of the field grow; they do not work or spin. Yet I tell you that not even Solomon in all his glory was clothed like one of these! And if this is how God clothes the wild grass, which is here today and tomorrow is tossed into the fire to heat the oven, won't he clothe you even more, you people of little faith? So then, don't worry saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' For the unconverted pursue these things, and your heavenly Father knows that you need them. **But above all pursue his kingdom and righteousness, and all these things will be given to you as well.** So then, do not worry about tomorrow, for tomorrow will worry about itself. Today has enough trouble of its own. (Matthew 6:25-34)

(12) *Often Claimed-*

"I have been young, and now am old, yet I have not seen the righteous forsaken, nor his children begging for bread."

In Context-

"I have been young, and now am old, yet I have not seen the righteous forsaken, nor his children begging for bread. **All day long he deals graciously, and lends.** His offspring is blessed. **Depart from evil, and do good.** Live securely forever." (Psalms 37:25-27)

Hiding In God

(13) *Often Claimed-*

"You shall not be afraid of the terror by night, nor of the arrow that flies by day; nor of the pestilence that walks in darkness, nor of the destruction that wastes at noonday. A thousand may fall at your side, and ten thousand at your right hand; but it will not come near you. You will only look with your eyes, and see the recompense of the wicked."

In Context-

"He who dwells in the secret place of the Most High will rest in the shadow of the Almighty. I will say of Yahweh, "He is my refuge and my fortress; my God, in whom I trust." For he will deliver you from the snare of the fowler, and from the deadly pestilence. He will cover you with his feathers. Under his wings you will take refuge. His faithfulness is your shield and rampart. You shall not be afraid of the terror by night, nor of the arrow that flies by day; nor of the pestilence that walks in darkness, nor of the destruction that wastes at noonday. A thousand may fall at your side, and ten thousand at your right hand; but it will not come near you. You will only look with your eyes, and see the recompense of the wicked. **Because you have made Yahweh your refuge, and the Most High your dwelling place, no evil shall happen to you, neither shall any plague come near your dwelling.** For he will put his angels in charge of you, to guard you in all your ways. They will bear you up in their hands, so that you won't dash your foot against a stone. You will tread on the lion and cobra. You will trample the young lion and the serpent underfoot. "Because he has set his love on me, therefore I will deliver him. I will set him on high, **because he has known my name.** He will call on me, and I will answer

him. I will be with him in trouble. I will deliver him, and honor him. I will satisfy him with long life, and show him my salvation.” (Psalms 91:1-16)

More Context: “Yahweh is good, a stronghold in the day of trouble; and he knows those who take refuge in him.” (Nahum 1:7)

How To Seek God's Face And Hide

(14) Often Claimed

“Yahweh is my light and my salvation. Whom shall I fear? Yahweh is the strength of my life. Of whom shall I be afraid?”

In Context-

“Yahweh is my light and my salvation. Whom shall I fear? Yahweh is the strength of my life. Of whom shall I be afraid? When evildoers came at me to eat up my flesh, even my adversaries and my foes, they stumbled and fell. Though an army should encamp against me, my heart shall not fear. Though war should rise against me, even then I will be confident. **One thing I have asked of Yahweh, that I will seek after: that I may dwell in Yahweh's house all the days of my life,** to see Yahweh's beauty, and to inquire in his temple. For in the day of trouble, he will keep me secretly in his pavilion. In the secret place of his tabernacle, he will hide me. He will lift me up on a rock. Now my head will be lifted up above my enemies around me; I will offer sacrifices of joy in his tent. I will sing, yes, I will sing praises to Yahweh. Hear, Yahweh, when I cry with my voice. Have mercy also on me, and answer me. When you said, “Seek my face,” my heart said to you, “I will seek your face, Yahweh.” Don't hide your face from me. Don't put your servant away in anger. You have been my help. Don't abandon me, neither forsake me, God of my salvation. When my father and my mother forsake me, then Yahweh will take me up. **Teach me your way, Yahweh. Lead me in a straight path,** because of my enemies. Don't deliver me over to the desire of my adversaries, for false witnesses have risen up against me, such as breathe out cruelty. I am still confident of this: I will see the goodness of Yahweh in the land of the living. Wait for Yahweh. Be strong, and let your heart take courage. **Yes, wait for Yahweh.**” (Psalms 27:1-14)

Hope

(15) Often Claimed-

“Be strong, and let your heart take courage, all you who hope in Yahweh.”

In Context-

“Oh how great is your goodness, **which you have laid up for those who fear you,** which you have worked for those who take refuge in you, before the sons of men! In the shelter of your presence you will hide them from the plotting of man. You will keep them secretly in a dwelling away from the strife of tongues. Praise be to Yahweh, for he has shown me his marvelous loving kindness in a strong city. As for me, I said in my haste, “I am cut off from before your eyes.” Nevertheless you heard the voice of my petitions

when I cried to you. Oh love Yahweh, all you his saints! Yahweh preserves the faithful, and fully recompenses him who behaves arrogantly. Be strong, and let your heart take courage, all you who hope in Yahweh.” (Psalms 31:19-24)

Fear

(16) *Often Claimed-*

“For God did not give us a Spirit of fear but of power and love and self-control.”

In Context-

“For God did not give us a Spirit of fear but of power and love and self-control. So do not be ashamed of the testimony about our Lord or of me, a prisoner for his sake, **but by God’s power accept your share of suffering for the gospel.** He is the one who saved us and called us with a holy calling, not based on our works but on his own purpose and grace, granted to us in Christ Jesus before time began, but now made visible through the appearing of our Savior Christ Jesus. He has broken the power of death and brought life and immortality to light through the gospel!” (2 Timothy 1:7-10)

(17) *Often Claimed-*

“For you did not receive the spirit of slavery leading again to fear,”

In Context-

“For all who are led by the Spirit of God are the sons of God. For you did not receive the spirit of slavery leading again to fear, but you received the Spirit of adoption, by whom we cry, “Abba, Father.” The Spirit himself bears witness to our spirit that we are God’s children. And if children, then heirs (namely, heirs of God and also fellow heirs with Christ) – **if indeed we suffer with him so we may also be glorified with him.**” (Romans 8:14-17)

(18) *Often Claimed-*

“There is no fear in love; but perfect love casts out fear”

In Context-

“Whoever confesses that Jesus is the Son of God, God remains in him, and he in God. We know and have believed the love which God has for us. God is love, and he who remains in love remains in God, and God remains in him. In this love has been made perfect among us, **that we may have boldness in the day of judgment,** because as he is, even so are we in this world. There is no fear in love; but perfect love casts out fear, because fear has (to do with) punishment. He who fears is not made perfect in love. We love him, because he first loved us.” (1 John 4:15-19)

(19) *Often Claimed-*

***Isaiah 54 is the darling of those claimed promises from the Bible. Here is a sample:**

“For the mountains may depart, and the hills be removed; but my loving kindness will not depart from you, and my covenant of peace will not be removed,” says Yahweh who has mercy on you.” (Isaiah 54:10)

In Context-

*All of Isaiah 53 is a prophecy of Jesus the Messiah. So, you must read Isaiah 53-55 to get the whole context of the Promise. Here's a sample of Isaiah 53:

"Yet it pleased Yahweh to bruise him. He has caused him to suffer. When you make his soul an offering for sin, he will see his offspring. He will prolong his days, and Yahweh's pleasure will prosper in his hand." (Isaiah 53:10)

*Here's a sample of Isaiah 55 and the context to receive the Promises found in Isaiah 54:
Speaking Of Jesus

"Turn your ear, and come to me. Hear, and your soul will live: and I will make an everlasting covenant with you, even the sure mercies of David. Behold, *I have given him for a witness to the peoples, a leader and commander to the peoples.*" (Isaiah 55:3-4)

Protection From Mankind

(20) Often Claimed-

"I will not be afraid. What can man do to me?"

In Context-

"You count my wanderings. You put my tears into your container. Aren't they in your book? Then my enemies shall turn back in the day that I call. I know this, that God is for me. In God, I will praise his word. In Yahweh, I will praise his word. I have put my trust in God. I will not be afraid. What can man do to me? **Your vows are on me,** God. I will give thank offerings to you. For you have delivered my soul from death, and prevented my feet from falling, **that I may walk before God in the light of the living.**" (Psalms 56:8-13)

(21) Often Claimed-

"I will in no way leave you, neither will I in any way forsake you." So that with good courage we say, "The Lord is my helper. I will not fear. What can man do to me?"

In Context-

"Let brotherly love continue. Don't forget to show hospitality to strangers, for in doing so, some have entertained angels without knowing it. **Remember those who are in bonds, as bound with them;** and **those who are ill-treated,** since you are also in the body. **Let marriage be held in honor among all,** and **let the bed be undefiled:** but God will judge the sexually immoral and adulterers. **Be free from the love of money, content with such things as you have,** for he has said, "I will in no way leave you, neither will I in any way forsake you." So that with good courage we say, "The Lord is my helper. I will not fear. What can man do to me? **Remember your leaders,** men who spoke to you the word of God, and considering the results of their conduct, **imitate their faith.**" (Hebrews 13:1-7)

(22) Often Claimed-

"We know that all things work together for good for those who love God"

& “If God is for us, who can be against us?” & “Who shall separate us from the love of Christ? Could oppression, or anguish, or persecution, or famine, or nakedness, or peril, or sword?” & “For I am persuaded that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from God’s love, which is in Christ Jesus our Lord.”

In Context-

“We know that all things work together for good for those who love God, **to those who are called according to his purpose. For whom he foreknew, he also predestined to be conformed to the image of his Son**, that he might be the firstborn among many brothers. Whom he predestined, those he also called. **Whom he called**, those he also justified. Whom he justified, those he also glorified. What then shall we say about these things? If God is for us, who can be against us? He who didn’t spare his own Son, but delivered him up for us all, how would he not also with him freely give us all things? Who could bring a charge against God’s chosen ones? It is God who justifies. Who is he who condemns? It is Christ who died, yes rather, who was raised from the dead, who is at the right hand of God, who also makes intercession for us. Who shall separate us from the love of Christ? Could oppression, or anguish, or persecution, or famine, or nakedness, or peril, or sword? Even as it is written, **“For your sake we are killed all day long. We were accounted as sheep for the slaughter.”** No, in all these things, we are more than conquerors through him who loved us. For I am persuaded that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from God’s love, which is in Christ Jesus our Lord.” (Romans 8:28-39)

Strength To Overcome

(23) *Often Claimed-*

“He gives strength to those who are tired; to the ones who lack power, he gives renewed energy.”

In Context-

“Look up at the sky! Who created all these heavenly lights? He is the one who leads out their ranks; he calls them all by name. Because of his absolute power and awesome strength, not one of them is missing. Why do you say, Jacob, Why do you say, Israel, “The LORD is not aware of what is happening to me, My God is not concerned with my vindication”? Do you not know? Have you not heard? The LORD is an eternal God, the Creator of the whole earth. He does not get tired or weary; there is no limit to his wisdom. He gives strength to those who are tired; to the ones who lack power, he gives renewed energy. Even youths get tired and weary; even strong young men clumsily stumble. **But those who wait for the LORD’s help find renewed strength**; they rise up as if they had eagles’ wings, they run without growing weary, they walk without getting tired.” (Isaiah 40:26-31)

The Psalmist Understood:

“The Context Unlocks the Blessing.”

***Look at the constant back and forth presented
here:**

“I rejoice in your instructions, like one who finds much plunder. I hate and despise deceit; I love your law. Seven times a day I praise you because of your just regulations. Those who love your law are completely secure; nothing causes them to stumble. I hope for your deliverance, O LORD, and I obey your commands. I keep your rules; I love them greatly. I keep your precepts and rules, for you are aware of everything I do. Listen to my cry for help, O LORD! Give me insight by your word! Listen to my appeal for mercy! Deliver me, as you promised. May praise flow freely from my lips, for you teach me your statutes. May my tongue sing about your instructions, for all your commands are just. May your hand help me, for I choose to obey your precepts. I long for your deliverance, O LORD; I find delight in your law. May I live and praise you! May your regulations help me!” (Psalms 119:162-175)